



### **CEO Resources**

#### **Food Pantry – (518) 272 – 6012 ext. 320**

- Pick-up appointments can be made via phone M,T,Th,F between 8:30am-3:30pm with contactless pick-up times between 9am-3:45pm
- Pick-up appointments can be made via phone Wednesdays between 8:30am-10am and again from 2:30-3:30pm with contactless pick-up times between 9am-10am and 2:30pm-3:45pm

#### **WIC – (518) 272 – 6159**

- WIC offers nutrition education, breastfeeding support, and access to healthy food.
- WIC supports the health of pregnant and postpartum women, and their children up to the age of five.

#### **Weatherization - (518) 272-6012 ext. 410**

- Adding or improving insulation in walls, attics and crawl spaces
- Adding weather-stripping on doors and windows
- Caulking around openings
- Patching holes in walls or windows
- Testing, cleaning, repairing or possibly even upgrading heating systems

### **Rensselaer County Resources**

#### **Rensselaer County Mental Health – (518) 463-8869**

- Unified Services for Children & Adolescents Outpatient Clinic
- Rensselaer City Center Outpatient Treatment
- Non-Medicaid Care Coordination
- Services to residents of Private Proprietary Homes for Adults (PPHA)
- Children's Health Home Care Coordination
- MICA (Mental Illness and Chemical Addiction) Outreach and Assessment Services
- Medicaid Service Coordination
- Substance Abuse Prevention Services

- Single Point of Access – SPOA (adult housing and children and youth care coordination)

**Rensselaer County Social Services (DSS) – (518) 833 – 3000**

- SNAP
- Medicaid
- Child Support
- HEAP
- Employment

**H.E.A.P – (518) 270-3935**

- Heating Assistance

**Troy Resources**

**Unity House of Troy – 2431 6<sup>th</sup> Avenue, Troy (518) 274-2607**

- Emergency Assistance
  - This assistance can help to prevent an eviction or loss of utilities through negotiated agreements with property owners or utility companies, budget planning, and direct financial support.
- Family & Neighborhood Resource Center
  - helps individuals and families secure basic resources like food, clothing and shelter as well as supports to foster community interdependence
- Food Pantry & Baby Pantry
  - provides three-day supplies of food, diapers, formula and baby food to parents in need. Annually the Pantry provides a holiday meals program, providing groceries for complete Thanksgiving and Christmas dinners for families.
- Community Meals
  - Community Meals serves lunch to –go on weekdays
- Re-Style Thrift Store
  - Clothing

**Troy Housing Authority - 1 Eddys Lane, Troy (518) 273-3600**

- Housing

**T.A.U.M. (Troy Area United Ministries) – 392 2<sup>nd</sup> Street, Troy (518) 274-5920 x.204**

- Furniture: provided free of charge with a referral from an agency

**Catholic Charities Tri – County Services – Roarke Center – 107 4<sup>th</sup> Street, Troy (518) 273-8351**

- Rental Assistance
- Utility Assistance
- Emergency Assistance
- Food Pantry

**Hudson Mohawk Recovery Center, Inc. – 1724 5<sup>th</sup> Avenue, Troy (518) 272 -3918**

- Alcohol & Substance Abuse Services

**Joseph's House & Shelter** – 74 Ferry Street, Troy (518) 272-2544

- Emergency Shelter
- Rapid Re-Housing
- Permanent Supported Housing (Single Adults & Families)
- Homeless Outreach

**Literacy Volunteers of Rensselaer County** - 1915 5<sup>th</sup> Ave, Troy (518) 274 -8526

- Education: FREE tutoring to adults and out-of-school teens in reading, writing and English