

# Grocery Shopping on a Budget

Thursday • January 6<sup>th</sup> • 2:15 – 2:45 PM  
CEO • Live via Zoom

*Taught by a registered dietitian, this program focuses on how to grocery shop for healthy foods that pack a nutrient-filled punch while sticking to a budget.*

Please register in advance by clicking [here](#) or entering the URL below into your browser: [https://cdphp.zoom.us/webinar/register/WN\\_8VDT\\_GegTVarhyLkLSqSqQ](https://cdphp.zoom.us/webinar/register/WN_8VDT_GegTVarhyLkLSqSqQ)



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