[A logo with colorful leaves

Description automatically generated](https://ceoempowers.org/)

**Daily Health Check**

It is important that a Daily Health Check is started on each child when he/she arrives at the program and whenever a change in the child’s behavior/appearance/health is noted. Daily Health Checks will be documented on the Daily Health Log.

* The child must be awake when the check is done.
* Check the child while at child’s level.
* Observe and document:
* Changes in behavior or appearance- angry, sad, dirty clothing, hygiene etc.
  + Skin: Pale, flushed, rash
  + Eyes, nose and mouth: note color, dry or any discharge, irritation, etc.
  + Breathing: normal or different; cough (dry, productive, etc.)
* Health Concerns- New concern, changes in previously documented concern
* Note any injuries that may have occurred when child was not in program
* When a child or family member has been exposed to a communicable disease- example: COVD-19, Flu
* All over the counter topical ointments, lotions, creams and sprays being applied for a specific health concern except for sunscreen which has its own log

**\*Adding detail is important because this helps us monitor the situation for any changes or patterns.**

* If a concern is noted, please use the blank area on the back of your Daily Health Log to add any details.
* For Example: Johnny came into school with a bruise on his right arm. Mom told you at drop off he got hurt wrestling with his brother.
* Your note should be something like this: “Quarter sized black and blue bruise on right forearm. Mom states he was wrestling with his brother and got hurt.”
* Children should be monitored throughout the day and the Daily Health Log should be updated accordingly.
* If you have any concerns for a child, please make your Center Manager aware.
* Make note of any follow up that occurred: called parent, filed incident report, spoke with nurse.
* At the end of the month, Center Managers/Site Supervisors will review Daily Health Logs for appropriate content. Logs are then to be given to Program Nurse who will review and file in child’s file.