



### Height/Weight Measurements

Center/Class \_\_\_\_\_

Teacher/TA: \_\_\_\_\_

Date Completed: Fall \_\_\_\_\_

Spring \_\_\_\_\_

Child's Name	Fall Height	Fall Weight	Spring Height	Spring Weight	Comments

Be sure to email a copy of this form to the Health Team Email [healthteam@ceoempowers.org](mailto:healthteam@ceoempowers.org) during the month that you complete the measurements. \*Also be sure to record both Fall and Spring on the same form for monitoring purposes. \*