“How to Support Breastfeeding in the CACFP”

[https://www.youtube.com/watch?v=-AQwoHjtPBE](https://nam12.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3D-AQwoHjtPBE&data=05%7C02%7Cltantakis%40ceoempowers.org%7C8bd7bac7808c4ba0a20e08dcad728905%7C20966659f63840f48caf77c1ea5e535d%7C0%7C0%7C638575954650060882%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=qSgcyj%2BV8yh0dDA6Gn9fdPdPJSjruQ%2BmxUgK7qtUa6E%3D&reserved=0)

Name:

Date:

List at least 3 items to include to create a breastfeeding friendly environment:

1.

2.

3.

Bottles/storage bags of breastmilk need to be labeled with the following:

1.

2.

How long can you store thawed breastmilk in the refrigerator?

How do you safely thaw frozen breastmilk?

1.

2.