[A logo with colorful leaves

Description automatically generated](https://ceoempowers.org/)

**Daily Health Check**

It is important that a Daily Health Check is started on each child when he/she arrives at the program and whenever a change in the child’s behavior/appearance/health is noted. Daily Health Checks will be documented on the Daily Health Log.

* The child must be awake when the check is done.
* Check the child while at child’s level.
* Observe and document:
* Changes in behavior or appearance- angry, sad, dirty clothing, hygiene etc.
  + Skin: Pale, flushed, rash
  + Eyes, nose and mouth: note color, dry or any discharge, irritation, etc.
  + Breathing: normal or different; cough (dry, productive, etc.)
* Health Concerns- New concern, changes in previously documented concern
* Note any injuries that may have occurred when child was not in program
* When a child or family member has been exposed to a communicable disease- example: COVD-19, Flu
* All over the counter topical ointments, lotions, creams and sprays being applied for a specific health concern except for sunscreen which has its own log

**\*Adding detail is important because this helps us monitor the situation for any changes or patterns.**

* If a concern is noted, please use the blank area on the back of your Daily Health Log to add any details.
* For Example: Johnny came into school with a bruise on his right arm. Mom told you at drop off he got hurt wrestling with his brother.
* Your note should be something like this: “Quarter sized black and blue bruise on right forearm. Mom states he was wrestling with his brother and got hurt.”
* Children should be monitored throughout the day and the Daily Health Log should be updated accordingly.
* If you have any concerns for a child, please make your Center Manager aware.
* Make note of any follow up that occurred: called parent, filed incident report, spoke with nurse.
* Center Manager/Site Supervisor will review Daily Health Logs for appropriate content throughout the month. At the end of the month, logs are then to be given to Program Nurse who will review and file in child’s file. Program Nurse will provide appropriate feedback as needed.