Early Head Start Lesson Criteria



Early Childhood Services

The following content areas are required components for the SmartTeach lesson plan template. Developmentally appropriate activities will be incorporated into the daily routines and experiences outlined in the Creative Curriculum. Creative Curriculum materials should be utilized including highlight hello books, book discussion cards, intentional teaching cards and mighty minutes. Expectations are below and tips are on the back.

Each Content must have its own supporting activity

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<u>Content</u>	<u>Expectations</u>		
□ Routines	Implement a new Intentional Teaching card or Mighty Minute that supports one routine weekly. Meals Diapering/ Toileting Hello and Good-bye Nap Getting Dressed Hand Washing		
☐ Enjoying Stories and Books	One new book weekly to read aloud.		
☐ Social Emotional	Implement a new Intentional Teaching card or Mighty Minute weekly.		
☐ Sensory/Science	Offered daily and for an extended period. Materials can be the same for the week.		
□Art	Open-ended daily. Materials can be the same for the week.		
☐Music and Movement	Daily. Songs or activity can be the same for the week.		
□Math	Implement a new Intentional Teaching Card or Mighty Minute weekly.		
□Language and Literacy	Implement a new Intentional Teaching Card or Mighty Minute weekly.		
☐ Mighty minutes	Implement a new Mighty Minute each week to support a transition.		
□ Outdoor/Gross Motor	Implement a new activity each week.		
☐ School Readiness	Choose one School Readiness Activity weekly to send out via Learning Genie.		



Early Head Start Lesson Tips

Early Childhood Services

Refer to the information below to ensure you are meeting all the Early Head Start lesson plan requirements. Creative Curriculum materials should be utilized including highlight hello books, book discussion cards, intentional teaching cards and mighty minutes.

Content	<u>Tip</u>			
Routines	For EHS all routines should be intentional and meaningful but on your lesson plan pick one routine and an intentional teaching card or mighty minute that supports the routine weekly. Routines include: • hellos and good-byes • diapering and toileting • eating and mealtimes • sleeping and nap time • getting dressed			
Enjoying Stories and Books	Introduce a new (not from your classroom library) book weekly. You should read this book aloud to the children throughout the week. This can include homemade books.			
Social Emotional	Each week, using an intentional teaching card or mighty minute, introduce a new social emotional strategy to children.			
Sensory/Science	Sensory is to be offered daily and for an extended period. Materials should be safe and appropriate for young children (sand and water are the best options as they are soothing materials) If the label on the materials states" keep out of reach of children" it should not be used.			
Art	Art should be open-ended and for toddlers it should be offered daily as an area. You can add new materials to the area weekly. Inappropriate Art Experiences- any art activity that focuses on a finished product rather than on the creative process is inappropriate. You should not be using the following: coloring books, patterns or models for children to copy, activities where teachers do most of the work, telling children what to draw, paint or make.			
Music and Movement	Music should be a part of many of your routines and experiences. For example, play soft music during nap time, sing to the children during routine such as dressing, diapering, and toileting. To be intentional, one your lesson plan you should identify one new song/activity to introduce to the children weekly. This can be done during routines, or dedicated music and movement time.			
Mighty Minutes	Choose one new MM weekly to support a transition.			
Outdoor/ gross motor	Include a new physical activity weekly such as kicking, throwing, catching, balancing, etc. This does not include playground and/or walk.			
School Readiness	An activity that relates to the School Readiness Goal for the month should be shared with families via Learning Genie each week. These activities can cover simple concepts, should be easy to incorporate into daily activities and should not require many materials.			

UPDATED: 8/2025

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Jenna Graber

Jul 21 - Jul 25, 2025

P Learn more: New Teach

Mon 21	Tue 22	Wed 23	Thu 24	Fri 25
Untitled	Untitled	Untitled	Untitled	Untitled
Routine	Routine	Routine	Routine	Routine
Intentional Teaching Experience SE07, "Good-Byes"				
Enjoying Stories and Books	Enjoying Stories and Books	Enjoying Stories and Books	Enjoying Stories and Books	Enjoying Stories and Books
Read the book Chicka Chicka Boom Boom				
Social	Social	Social	Social	Social
Emotional	Emotional	Emotional	Emotional	Emotional
Intentional Teaching Experience SE03, "Calm-Down Place"				
Sensory/Scienc e	Sensory/Scienc	Sensory/Scienc	Sensory/Scienc	Sensory/Scienc
water table with babies	water table with car (car wash)	water table- sink or float	water table with tunnels, cups, etc	water table with dishe (washing dishes)
Art	Art	Art		Art
add paint and paint brushed to the easel	add water colors to the easel	add paint and paint brushed to the easel	Art add water colors to the	add paint and paint brushed to the easel
Music and			easel	
Movement	Music and Movement	Music and Movement		Music and Movement

test

use instruments and sing The Wheels on the Bus

Math

Intentional Teaching Experience M23, "Putting Puzzles Together"

Language and Literacy

Intentional Teaching Experience LL30, "Knowing Our Friends"

Mighty Minutes®

Mighty Minutes 218, "Little Bunnies"

Outdoors

Intentional Teaching Experience P27, "Galloping"

School Readiness

Intentional Teaching Experience P29, "Stop & Go"

use instruments and sing The Wheels on the Bus

Math

Intentional Teaching Experience M23, "Putting Puzzles Together"

Language and Literacy

Intentional Teaching Experience LL30, "Knowing Our Friends"

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