Per Office of Head Start teachers are required to conduct ongoing assessments of children and create individual goals to help with children’s progress and development.

Individual goals are to be created after the 1st checkpoint. At that point all assessments (ASQ, e-DECA, Anecdotals, and checkpoints) would have been completed. Teachers should take the results from the assessments to create the child’s individual goal. Teachers will present the goal to the parent at the Parent Teacher Conference to get their input.

Goals should be:

* Specific for that child
* Specific- clearly state what you would like the child to achieve
* Measurable
* Achievable- the goal for the child should be developmentally appropriate for the child’s age and realistic for that child

When listing goals on your classroom goal form you need to include the following:

* The child’s name
* The goal
* An activity that supports the development of that goal. You can use TS Intentional Teaching Cards or any other activity that supports that goal. Reach out to Education Specialists if you are having a difficult time finding the right goal for a specific child.

Examples of appropriate Individual Goals:

* Infants-
  + Hold head up when on tummy time
  + Calms down with adult intervention
  + Will hold a toy that was put in hand
  + During tummy time will push onto elbows/forearms
  + Sit up with assistance from teacher or boppy
  + Sit up independently
  + Will get to sitting position by self
  + Will move objects from one hand to other hand
  + Use finger to feed self
* Toddlers-
  + Use a spoon to feed self
  + Drink from an open cup
  + Seeks adult for comfort
  + Use spoon and/or fork during meals
  + Engaged in conversation with other
  + Interacts with peers
  + Helps dress by pushing arm through sleeve pr lifting up foot
  + Uses 2 or more words
  + Follows one step directions
  + Able to identify two body parts when asked
  + Kick a ball
* Preschool-
  + Able to join into play with other children
  + Engaged in a conversation with 2 back and forth exchanges
  + Able to say 1st name
  + Able to dress self
  + Engaged in dramatic play- pretending to be something else
  + Uses 4 words in a sentence
  + Able to identify their feelings
  + Able to draw a person with 3 body parts
  + Hold a writing tool between finger and thumb

Classroom Goal Forms are due to the Education Team and your Center Manager after every checkpoint.